



# The Morning Messenger

March 3, 2019

**Mill Woods United Church**  
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[millwoodsunited.org](http://millwoodsunited.org)

**Twitter (@mwuc1)**  
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**Instagram (@millwoodsunitedchurch)**

Deadline to have information included in Morning Messenger is **Wednesday Noon**

**Worship Team** - Teamwork helps to make each Sunday run smoothly. If you would like to be part of the team, please call the church office at 780-463-2202.

### March 03

**Welcome Team:** Cathy Bayly, Gordon Langstone, Enid Oldham, Maurice Oldham, Sharron Lee

**Projectionist:** Gordon Langford

**Announcements:** Brian Sampson

**Scripture Reader:** Elfrieda Penner

**Offering Counters:** Dave Borynec, Terry Staley

**This is Us:** Darlene Hayward

### March 10

**Welcome Team:** Laine Pickle, Don Grabinsky, Francisco Rico, Olga Garcia

**Projectionist:** Linsay Langstone

**Announcements:** Carla Janzen

**Scripture Reader:** Laine Pickle

**Offering Counters:** Carol Hickman, Kathy Crawford

**This is Us:** Rob McPhee

## Next Sunday

On March 10, which is the first Sunday in Lent, we will hear a story of Jesus' 40 days in the wilderness (*Luke 4:1-13*) and a reflection by me on the role of temptation in our lives today. The choir will sing "Let My Spirit Always Sing" – Ian

## Activities for March 3 – 9

Sun	10:30 am	Worship	Entire Church
	12:30 pm	Worship ZUMC	Entire Church
Mon	10:00 am	Al-Anon	Lounge
	7:00 pm	Weight Watchers	Lower Hall
Tues	9:15 am	Weight Watchers	Lower Hall
	5:00 pm	Pancake Supper	Lower Hall
	5:30 pm	Food Bank	Sanctuary
	5:30 pm	Clothing Bank	East Loft Room
	5:30 pm	Outreach Program	Lounge
	6:30 pm	Tai Chi	Sanctuary
Wed	7:00 pm	Stitching Connection	Lower Hall
	5:30 pm	Yoga	Sanctuary
	6:30 pm	Weight Watchers	Lower Hall
Thurs	7:30 pm	Choir MWUC	Sanctuary
	10:00 am	MFWR Meeting	Lounge
	12:15 pm	Weight Watchers	Lower Hall
Fri	5:30 pm	Food Bank	Sanctuary
	7:00 pm	Weight Watchers	Lower Hall
	10:15 am	Weight Watchers	Lower Hall
Sat	7:00 pm	ZUMC women's group	Lounge
	8:30 am	Weight Watchers	Lower Hall
Sun	8:30 am	Bread Run	Sanctuary
	1:00 pm	ZUMC singing	Sanctuary

## MILL WOODS UNITED CHURCH OUTREACH PROGRAM

**DOES FILLING OUT FORMS CONFUSE YOU?  
 WE CAN HELP**

**What:** Program to support you to fill it out some documents

**Where:** At Mill Woods United Church-

**When:** March 5

**How:** By appointment booked (780) 463-2202  
 or - mail: [olgamerygar88@hotmail.com](mailto:olgamerygar88@hotmail.com)

### Which documents?

- Pension – CPP/OAS/GIS
- Canada Child Tax Benefits
- AISH (Assurance Income Severely Handicap)
- Capital Region Housing
- Financial Support (Alberta Works)
- Co-op Housing
- Passport –Initial and renewal-

# PANCAKE SUPPER

**TUESDAY MARCH 5th. 5 pm - 6:30 pm**  
 Pancakes, ham, fruit and beverages Silver Collection  
 Please sign up on the sheet at the back of the church if you plan to come!  
 If you are willing to help with the event please contact Kathy Poehman or Lynda Colgan

## Annual General Meeting

Sunday March 10, 2019

Mark your calendars so you don't miss our **Annual General Meeting on Sunday, March 10, at 12:00 pm** (following the worship service).

Agenda items will include:

- Review and approval of 2018 Annual Report
- Review and approval of 2018 Financial Statements
- Presentation and approval of our new Purpose statement.
- Nominations Committee Report
- Installation of 2019 Council

Light refreshments and child care will be available for those staying for the meeting

## Mark Your Calendars - March 23

An Opportunity for Everyone!

**WHAT:** A Congregational Work Bee – a chance to work together to make some small improvements to our church

**WHEN:** Saturday March 23: 100 to 500 pm with a delicious snack break at 300 pm!

**WHAT** will we be doing?

Updating and brightening all bulletin boards

Painting the purple wall section of the lounge

Touching-up paint in various areas

Re-staining wood on sanctuary risers and elsewhere as needed

Replacing weather-stripping on front door

Cleaning or upgrading acoustic tiles on basement ceiling

Painting small table at back of the church

Setting up a small meeting or sitting area on balcony

Disposing of excess or broken furniture

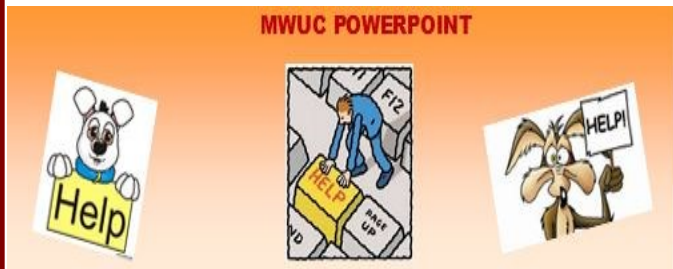
**WHO:** We need everyone willing to help out. There are a variety of things to do. Check out the sign-up sheet starting March 10, 2019.

We hope everyone will join us for an afternoon of vigorous fun!!

THANK YOU FOR YOUR HELP, TIME AND ASSISTANCE. IT IS MOST APPRECIATED!

## We Need Your Help

### MWUC POWERPOINT



THERE ARE ONLY 4 POWERPOINT MEMBERS

We need help to continue cover for holidays and other absences

You don't need to create or enhance the PowerPoints:

- ◆ LILIANA CREATES THE POWERPOINT
- ◆ IT WILL BE LOADED AND THE COMPUTER SET UP READY FOR YOU TO USE ON SUNDAY MORNING
- ◆ YOU FOLLOW THE SERVICE AND ADVANCE THE SLIDES AS NEEDED
- ◆ THE EQUIPMENT WILL BE PUT AWAY FOR YOU AFTER

Please contact Ian, or Brian Sampson, or Celia Conway

## Minister's Work Schedule

Starting the week of March 3, I will switch my day off from Monday to Friday, which means I will be in the church office Monday through Thursday from approximately 9:30 am to 4:30 pm.

Liliana will continue to be in the office Monday through Friday from 8 am to 4 pm – Ian

## That's Amore

An Italian Progressive Supper

**WHAT:** An Italian Progressive Supper: Appetizers at Hudson's, Main course at Poechman's and Dessert at Round's homes

**WHEN:** Saturday March 16: 600 pm

**HOW DOES IT WORK:** Everyone will be given a recipe for either an appetizer, salad or main course which you will be asked to prepare and bring to the supper. As well you bring your own drinks (alcoholic or non-alcoholic), and your party spirit ready to have fun and enjoy great food.

**SIGN-UP:** There will be a sign-up sheet at the back of the sanctuary on Sunday February 24 and Sunday March 3. Recipes and further written information will be given out on Sunday March 10.

**COST:** \$5.00 a person to cover delicious Italian bread and dessert.

**QUESTIONS:** Please talk to either Jennifer or Rob McPhee. 780-462-3718.