



# The Morning Messenger

March 08, 2020

Mill Woods United Church  
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Deadline to have information included in Morning Messenger is **Wednesday Noon**

**Worship Team** - Teamwork helps to make each Sunday run smoothly. If you would like to be part of the team, please call the church office at 780-463-2202.

### March 08

**Welcome Team:** Laine Pickle, Don Grabinsky, Francisco Rico, Olga Garcia

**Scripture Reader:** Kathy Poechman

**Projectionist:** Gordon Hodge

**Announcements:** Francisco Rico

**Offering Counters:** Carol Hickmann, Kathy Crawford

### March 15

**Welcome Team:** Lyndon Ahlskog, Brian Sampson, Brian Hudson, Audrey Murray

**Scripture Reader:** Dave Borynec

**Projectionist:** Linsay Langstone

**Announcements:** Cathy Bayly

**Offering Counters:** Nancy Ehrman, Celia Conway

**Sunday School:** Georgina Englott

## Activities for March 08 — 14

|     |          |                         |                |
|-----|----------|-------------------------|----------------|
| Sun | 10:30 am | Worship                 | Entire Church  |
|     | 12:30 pm | AGM                     | Sanctuary      |
|     | 12:30 pm | ZUMC Worship            | Lower Hall     |
|     | 2:30 pm  | Satsang Ministry        | Sanctuary      |
| Mon | 10:00 am | Al-Anon                 | Lounge         |
|     | 10:30 am | Staff Meeting           | Ian's Office   |
| Tue | 5:30 pm  | Food Bank               | Sanctuary      |
|     | 5:30 pm  | Clothing Bank           | West Loft Room |
|     | 6:30pm   | Tai Chi                 | Sanctuary      |
| Wed | 2:00 pm  | Future Steps            | Lounge         |
|     | 5:30 pm  | Yoga Class              | Sanctuary      |
|     | 7:30 pm  | MWUC Choir Practice     | Sanctuary      |
| Thu | 2:00 pm  | Lenten Discussion Group | Lounge         |
|     | 5:30 pm  | Food Bank               | Sanctuary      |
|     | 7:00 pm  | Lenten Discussion Group | Lounge         |
|     | 7:00 pm  | Zumba Class             | Lower Hall     |
| Fri | 7:00 pm  | ZUMC Women's Group      | Lounge         |
|     | 7:15 pm  | All Stars Group         | Sanctuary      |
| Sat | 8:30 am  | Bread Run               | Sanctuary      |
|     | 1:00 pm  | ZUMC Singing Practice   | Sanctuary      |

## Next Sunday

**On March 15,** we will celebrate Affirm United's PIE Day. PIE stands for being "Public, Explicit, and Intentional" in welcoming gender and sexual minorities in the church. My reflection will be about a story of a conversation between Jesus and a Samaritan woman (*John 4:5-28*). The choir will sing "Be the Love of Christ" -- Ian

## News from the Bread Run

Bread run stats for February 2020.  
 5 Saturdays

338-family units  
 566-adults  
 368-children



Thank you everyone for all you do.

## TODAY !!

### Annual General Meeting

Agenda items will include:

- An overview of Council actions during 2019
- Approval of the 2019 Annual Report, including the financial statements
- Nomination Committee report and approval of the 2020 Council

Light refreshments and child care will be available for those staying for the meeting

## Lenten discussion series

On each of the four Thursdays in March you are invited to gather in the Lounge at either 2 pm or 7 pm to hear what we hope will be an interesting and enjoyable podcast and then engage in a time of sharing and discussion.

**On March 12**, it will be an interview with religious writer Karen Armstrong on her new book "The Lost Art of Scripture."

**On March 19**, we will hear an NPR "Hidden Brain" podcast on a sociologist's thoughts on the origins of religion.

**March 26** is TBD.

We offer two times each week as some people prefer daytime and others the evening. If you plan to come, please drop me a line – [iankellogg@hotmail.com](mailto:iankellogg@hotmail.com).

We hope to see many of you at either 2:00 pm or 7:00 pm on Thursday March 5 -- Ian

## Your Hopes and Dreams for Mill Woods United Church

At your Council's meeting on Tuesday March 24, 2020 we are going to focus on what we want to accomplish as a congregation over the next year.

What hopes, dreams or plans would we like to accomplish? They can be big-scale ideas or very specific projects.

We would like your help.

Please take a few minutes and jot down any ideas you have. Then either email them to Rob McPhee ([rwmcphee@icloud.com](mailto:rwmcphee@icloud.com)) or place your idea in the offering plate on Sunday morning.

Thank you.

## Casserole Kaos

**What:** An opportunity to eat together, share a family-favourite casserole, and enjoy conversation and fun with friends

**When:** Friday, March 20, 2020 at 630 pm

**Where:** Home of Brian Hudson and Audrey Murray, 6049-37A Ave 780-436-3878

**Cost:** \$5.00 a person or \$10.00 a family to cover salad, buns, coffee/tea and dessert

**It's a secret!:** Please bring your casserole fully cooked and ready to serve. Bring it covered so its contents are a **secret**. The official uncovering of casserole will occur at 7.00 pm! When you arrive we will give you a card on which you can write the name of your casserole and how/why it has become a family favourite.

**What to bring:** Your family favourite casserole with a serving spoon, whatever you want to drink (alcoholic or non-alcoholic), and an adventurous appetite to try new foods

**Sign-up:** Please sign-up at the back of the church starting March 1, 2020

All members of our church community -- 0-101- everyone -- are invited to enjoy our Casserole Kaos event. This is for everyone!

**Questions:** Contact Jennifer or Rob McPhee

*Casserole: "The One Dish Wonder." A casserole was the traditional weeknight meal in the 50s and 60s. It's usually easy to fix and easier to serve. Most casseroles count as comfort foods.*